





Phone: 440-624-4214  
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 1484 Rt.46 Ste.7  
 Jefferson, OH 44047  
 www.adhcsolutions.com

## Confidential Health History

Below is a list of diseases which may seem unrelated to the purpose of your appointment. However, these questions must be answered carefully as these problems can affect your overall course of care.

Check any that apply to you:

- Pain Location \_\_\_\_\_
- Numbness and tingling Location \_\_\_\_\_
- Arthritis Location \_\_\_\_\_
- Spinal or Anatomical deformity  
Location \_\_\_\_\_
- Skin issue Location \_\_\_\_\_
- Stomach / Intestinal issue Type \_\_\_\_\_ Medication \_\_\_\_\_
- Has inside pets  Eats raw meats or sushi
- Traveled outside the U.S.  History of food poisoning
- Normal bowel movements  Daily  Brown  Well formed
- Lives/works around gas, oil refinery, chemicals, dyes, plastics, pesticides, machinery
- Drinks water Amount and type per day \_\_\_\_\_
- Uses microwave or plastics
- Poor sleep Sleep pattern/Hours \_\_\_\_\_
- Weight Trouble Current weight \_\_\_\_\_ Ideal weight \_\_\_\_\_
- Stress Reason \_\_\_\_\_
- Interested in health, vitamins, nutrition and improving diet
- Allergies Type \_\_\_\_\_
- Cardiovascular issue Type \_\_\_\_\_
- Stroke Year \_\_\_\_\_ Medication \_\_\_\_\_
- High Blood Pressure Medication \_\_\_\_\_
- High Cholesterol Medication \_\_\_\_\_
- Gastric Reflux / Heartburn Medication \_\_\_\_\_
- Gallbladder issue Removed when? (Age/Year) \_\_\_\_\_
- Diabetes Medication \_\_\_\_\_
- Liver issue Type \_\_\_\_\_ Medication \_\_\_\_\_
- Lung issue Type \_\_\_\_\_ Medication \_\_\_\_\_
- Kidney issue Type \_\_\_\_\_ Medication \_\_\_\_\_
- Hormonal issue Type \_\_\_\_\_ Medication \_\_\_\_\_
- Thyroid issue Type \_\_\_\_\_ Medication \_\_\_\_\_
- Bladder issue Type \_\_\_\_\_ Medication \_\_\_\_\_
- Ovary / Uterus issue Type \_\_\_\_\_ Medication \_\_\_\_\_

\_\_\_ Prostate / Testicle issue Type \_\_\_\_\_  
 Medication \_\_\_\_\_  
 \_\_\_ Autoimmune Disorder Type \_\_\_\_\_ Medication \_\_\_\_\_  
 \_\_\_ Fibromyalgia Medication \_\_\_\_\_  
 \_\_\_ Attention Deficit / Spectrum Disorders Medication \_\_\_\_\_  
 \_\_\_ Osteopenia / Osteoporosis Medication \_\_\_\_\_  
 \_\_\_ Blood Disorder Type \_\_\_\_\_ Medication \_\_\_\_\_  
 \_\_\_ Cancer Type \_\_\_\_\_ Date of Remission \_\_\_\_\_  
 \_\_\_ HIV Positive / AIDS \_\_\_\_\_  
 \_\_\_ Fibroids Location \_\_\_\_\_ Was surgery needed? Y N  
 \_\_\_ Endometriosis Was surgery needed? Y N  
 \_\_\_ Organ or Body Part Removed Type \_\_\_\_\_ Year \_\_\_\_\_  
 \_\_\_ Multiple infections in one year Type \_\_\_\_\_ Medication \_\_\_\_\_  
 \_\_\_ Mental Disorder Type \_\_\_\_\_ Medication \_\_\_\_\_  
 \_\_\_ Currently pregnant Trimester 1 2 3

Other unlisted ailments \_\_\_\_\_

Exercise	Work Activity	Habits (even if former)	
___ None	___ Sitting	___ Smoking	Packs/day _____
___ Moderate	___ Standing	___ Alcohol	Drinks/week _____
___ Daily	___ Light Labor	___ Coffee/Caffeine	Cups/day _____
___ Heavy	___ Heavy Labor	___ Illegal drug use	Type _____

Do you drink soda or energy drinks? \_\_\_ Yes \_\_\_ No Drinks/week \_\_\_\_\_

Other than listed above, any other:

Current Medications: \_\_\_\_\_

Supplements/Nutrition: \_\_\_\_\_

Hospitalizations/Operations: \_\_\_\_\_

Fractures/Dislocations/Sprains: \_\_\_\_\_

Severe Trauma/Accident/Falls (ex. Car accident, etc.) \_\_\_\_\_

**FAMILY HISTORY**

Include information on brothers, sisters, parents, grandparents. **DO NOT INCLUDE YOURSELF.**

\_\_\_ Diabetes \_\_\_ High Blood Pressure \_\_\_ Food Allergies \_\_\_ Cancer \_\_\_ Alcoholism  
 \_\_\_ Thyroid/Goiter \_\_\_ Heart Disease \_\_\_ Kidney Disease \_\_\_ Depression \_\_\_ Obesity

**CHECK ANY OF THE FOLLOWING YOU HAVE HAD IN THE LAST SIX MONTHS:**

Musculoskeletal

\_\_\_ Low Back Pain  
 \_\_\_ Pain Between Shoulders  
 \_\_\_ Neck Pain  
 \_\_\_ Arm Pain  
 \_\_\_ Joint Pain/Stiffness  
 \_\_\_ Walking Problems  
 \_\_\_ Difficulty Chewing/Clicking Jaw  
 \_\_\_ General Stiffness

General

\_\_\_ Fatigue  
 \_\_\_ Allergies

\_\_\_ Loss of Sleep

\_\_\_ Fever  
 \_\_\_ Headaches

Nervous System

\_\_\_ Nervous  
 \_\_\_ Numbness  
 \_\_\_ Paralysis  
 \_\_\_ Dizziness  
 \_\_\_ Forgetfulness  
 \_\_\_ Confusion/Depression  
 \_\_\_ Fainting  
 \_\_\_ Convulsions

\_\_\_ Cold/Tingling Extremities

\_\_\_ Stuffed Nose / Sinuses

Genito-Urinary

- \_\_\_ Bladder Trouble
- \_\_\_ Painful/Excessive Urination
- \_\_\_ Discolored Urine

Gastrointestinal

- \_\_\_ Poor/Excessive Appetite
- \_\_\_ Excessive Thirst
- \_\_\_ Frequent Nausea
- \_\_\_ Vomiting
- \_\_\_ Diarrhea
- \_\_\_ Constipation
- \_\_\_ Hemorrhoids
- \_\_\_ Abdominal Cramps
- \_\_\_ Gas/Bloating after meals
- \_\_\_ Heartburn
- \_\_\_ Tan/Black/Bloody Stools
- \_\_\_ Colitis

EENT

- \_\_\_ Vision Problems
- \_\_\_ Dental Problems
- \_\_\_ Sore Throat
- \_\_\_ Ear Aches
- \_\_\_ Hearing Difficulties

CVR

- \_\_\_ Chest Pain
- \_\_\_ Short Breath
- \_\_\_ Blood Pressure Problems
- \_\_\_ Irregular Heartbeat
- \_\_\_ Heart Problems
- \_\_\_ Lung Problems/Congestion
- \_\_\_ Varicose Veins
- \_\_\_ Ankle Swelling
- \_\_\_ Stroke

Male

- \_\_\_ Prostate/ Sexual Dysfunction
- \_\_\_ Other Problems \_\_\_\_\_

Female

- \_\_\_ Menstrual Irregularities
- \_\_\_ Menstrual Cramps
- \_\_\_ Vaginal Pain/ Infection
- \_\_\_ Breast Pain/ Lumps
- \_\_\_ Sexual Dysfunction
- \_\_\_ Decreased Libido

When was your last period? \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_



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### Informed Consent to Treat

**State law requires us to obtain your informed consent before starting treatment:**

I, \_\_\_\_\_, of \_\_\_\_\_ (City/State) do hereby give my consent to the performance of conservative noninvasive treatment to the joints and soft tissues. I understand that procedures may consist of manipulations/adjustments involving movement of the joints and soft tissues. Physical therapy and exercises may also be used. I have made my decision voluntarily in freely. Although spinal manipulation/adjustment is considered to be one of the safest, most effective forms of therapy for musculoskeletal problems, I am aware that there are other risks and possible complications associated with these procedures as follows:

**Soreness:** I'm aware that I may experience soreness in the first few treatments.

**Fractures / joint injury:** I further understand that in isolated cases underlying physical defects, deformities or pathologies, like weak bones from osteoporosis, may render the patient susceptible to injury. When osteoporosis or other abnormalities are detected, Advanced Healthcare Solutions proceeds with extra caution.

**Stroke:** Although strokes happen with some frequency in our world, strokes from chiropractic adjustments are extremely rare. I'm aware that this serious side effect is reported to occur once in 10 million treatments. Once in 10 million is about the same chance as aspirin or Tylenol causing death. Once in 1 million are the same odds of getting hit by lightning.

**Dizziness:** Temporary symptoms like dizziness and nausea are also rare.

**Burns:** Some of the machines used in this office generate heat may rarely cause a burn. Despite precautions, if a burn is obtained, there'll be a temporary increase in pain and possible blistering. This should be reported to the Doctor.

**Reasonable alternatives to these procedures have been explained to me including rest, home applications of therapy, exercises and possible surgery and/or education.**

**Medications:** Medications can be used to reduce pain or inflammation. I am aware that long term or overuse of medication is always a cause for concern. Drugs may mask pathology, produced inadequate or short form relief, undesirable side effects, physical or psychological dependence, and may have to be continued indefinitely. Some medications may involve serious risk. At no time will Advanced Healthcare Solutions recommended any changes to medications. Questions about your medications need to be answered by your prescribing physician.

**Rest / Exercise:** bed rest is not likely to reverse pathology, although it may temporarily reduce inflammation and pain. Same is true of home therapy exercises.

**Surgery:** surgical risks may include unsuccessful outcomes, complications, pain, reactions to anesthesia, and prolonged recovery.

**Non-treatment:** I understand the potential risks of refusing or neglecting care may include increased pain, scar and adhesion formation, restricted motion, possible nerve damage, increased inflammation, and worsening of pathology. The affirmation may complicate treatment making recovery and rehabilitation more difficult and lengthy.

I have read or have had read to me the above explanation of chiropractic treatment. Any questions I have had regarding these procedures have been answered to my satisfaction **prior to my signing this consent form.** To attest to my consent to these procedures, I hereby affix my signature to this authorization for treatment.

Signature of patient: \_\_\_\_\_ Date/Time: \_\_\_\_\_

Signature of witness: \_\_\_\_\_



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**HIPPA**

I consent to the use or disclosure of my protected health information by Advanced Healthcare Solutions for the purpose of analyzing, diagnosing or providing treatment to me. I understand that analysis, diagnosis or treatment of me by Advanced Healthcare Solutions may be conditioned upon my consent as evidenced by my signature below.

I understand I have the right to request a restriction to how my protected health information is used or disclosed to carry out treatment or healthcare operations of Advanced Healthcare Solutions. Advanced Healthcare Solutions is not required to agree to the restrictions that I may request. However, if Advanced Healthcare Solutions agrees to a restriction that I request, the restriction is binding on Advanced Healthcare Solutions. Advanced Healthcare Solutions will never share my health or personal information without my written consent.

I have the right to revoke this consent, in writing, at any time, except to the extent that Advanced Healthcare Solutions has taken action in reliance on this Consent.

My "protected health information" means health information, including my demographic information, collected from me and created or received by my physician, another health care provider, a health plan, my employer or a health care clearinghouse, will never be shared and always kept secure. This protected health information relates to my past, present or future physical and mental health or condition that identifies me, or reasonable basis to believe the information may identify me.

Upon request, I can be provided with a copy of the Notice of Privacy Practices of Advanced Healthcare Solutions and understand that I have a right to review the Notice of Privacy Practices prior to signing this document. The Notice of Privacy Practices describes the types of uses and disclosures of my protected health information that will occur in my treatment or in the performance of health care operations of Advanced Healthcare Solutions. The Notice of Privacy Practices also describes my rights and duties of Advanced Healthcare Solutions with respect to my protected health information.

**24 Hr. Cancellation Policy  
440-624-4214**

(Please store this number in your phone)

Advanced Healthcare Solutions has a 24 hour cancellation / rescheduling policy. If you miss your appointment, cancel or change your appointment with less than 24 hours notice, you will be charged the amount of your scheduled visit. This policy is in place out of respect for our therapists and our clients. Cancellations with less than 24 hour notice are difficult to fill. By giving last minute notice or no notice at all, you prevent someone else from being able to be treated.

By signing below, you acknowledge that you have read and understand the Cancellation Policy for Advanced Healthcare Solutions as described above.

Thank you for your understanding and cooperation.

\_\_\_\_\_  
Signature of Patient or Personal Representative

\_\_\_\_\_  
Printed Name of Patient

\_\_\_\_\_  
Date of Signing

\_\_\_\_\_  
Description of Personal Representative's Authority